

# INTERNATIONAL BLACK BELT CENTER OF VIRGINIA

## Testing Application Adult/Youth 6<sup>th</sup> Kup

Last Name: Please print your name carefully, exactly as you wish it to appear on your certificate passport.
First Name:
Number of Classes to date:
Date of Birth:
Date of your last rank promotion:

PRE- TEST		
Testing Requirements	Date of PRE-Watch	Date of PRE-Watch
Special Techniques: Teryon (non-contact), Self Defense 1-4, 1 Step Sparring 1-4, 8 self-created combinations ending with power test	To Improve:	To Improve:
Forms & Philosophy:  #6 Chun-Gun, meaning of green belt, meaning of form	To Improve:	To Improve:
Power Test:  Spin Jump Tolyo-Chagi, Elbow Board Break (on floor)	To Improve:	To Improve:

Testing Fee :      \$60              Test Date:              Paid:

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Signature of Head Instructor for Test Application